



Newsletter

From the President

Nancy Gunter, SHRM-SCP, SPHR



TAHRA Members,

As someone who felt the impact of TAHRA when I joined in 2009, I know the value and importance of this organization in my life. When I started in HR I had very little knowledge but was relied on as if I did. I knew that I had to find people who could help me with answers when I didn't even know the questions. I was new to Tulsa, so when I found TAHRA I was so very fortunate! I remember my first meeting and thinking I was out of place because I was so unaware of what I should know, but at that meeting someone met me at the door and invited me to their table. I immediately had a connection and decided that I should return. The 2nd meeting was even better as I got to know more people and gradually TAHRA became the place where I found all of my answers. There were SO many experienced people that had already dealt with the things I was facing! In addition, there were extremely smart employment lawyers that could help with the difficult situations.

So many of the benefits that TAHRA offered then and still offers today, I took advantage of in the first few years of being a member. The Program Meetings and Learning Labs are filled with information needed by HR Professionals. The networking is beyond valuable. I met lifelong friends and still have people who can answer my questions at my fingertips. The Legislative Seminar is like being hit with a firehose of information that we all need to stay informed and compliant. The newsletter is a source of confidence building articles. The ROI Summit is one of the best Diversity and Inclusion conferences in the nation and is a place where I continue to grow and understand more. The Certification Prep course is one place I continue to keep my skills updated by teaching it.

When I was invited to join a committee and eventually the board, these were opportunities that again, I felt unqualified for, but was willing to try. This opened up the door to even more networking and gaining more contacts. My membership with TAHRA is without a doubt one of the most valuable investments I have ever made in my career, and one of the most affordable. Very seldom do those two things align, but in TAHRA they do.

With all that being said, I want to share that, due to rising expenses and the overall cost of doing business, TAHRA will be implementing a slight increase in

membership dues beginning in 2026. This is the first dues increase in over 15 years. During that time, we've worked hard to hold dues steady while expanding the value of your membership. Most recently, we introduced the EMERGE Mentoring Program and the HR Department of One-ish to meet the evolving needs of our members. The benefits of being part of TAHRA remain incredibly valuable, offering a strong network and relevant knowledge to keep you on the cutting edge of the HR profession.

Below is a description of how the pricing will change in 2026.

Annual Membership Dues:

- **Professional and Associate Members - \$125**
Discounts for groups of 5+ (more details available soon)
- **Student Members - \$20**
- **Transitional Members - \$0 (for 1 year)**

We will likely see a small increase in the cost of Program Meetings and Learning Labs due to increasing expenses, and we'll share those details as soon as they're available. The board is currently evaluating both offerings to ensure we provide the best possible programming and timing, considering the busy schedules of our members.

Thank you for being a member of TAHRA and for seeing the HUGE value in your membership and the network that you are a part of.

August Program Meeting and Supervisory Training

Wednesday, August 20

Program - Lunch - 11:15 | Speaker - 12:00 |

Supervisory Training - 1:30 - 3:30

Tulsa Technology Center (Lemley Campus) Client Service Center



Recent Developments in Labor and Employment Law: Helping HR Professionals Navigate Federal and State Employment Laws

Presented by Kirk Turner

It's that time of the year again when Kirk Turner will provide us with a presentation updating us on all things labor and employment law. Kirk is one of the most sought out speakers and trainers on employment-related issues in the country. He has built a nation-wide leadership and legal compliance training practice to help leaders of organizations better engage and communicate with employees in a legally compliant way, consistently hold employees accountable to performance and behavior expectations, and constructively help employees improve or help them go work for someone else.

Immediately following the program meeting, Kirk will be providing live, interactive Supervisory Training for employers of all sizes to discuss important legal compliance obligations for leaders and the risk of failing to comply, how to better communicate with employees about their performance and behavior, and helping leaders navigate managing employees with serious health issues. If you haven't attended this event or had your employees participate in this training, you won't want to miss it!

The fee for the Manager and Supervisor Training is \$100 per person and registration is separate from the program meeting (\$25 Members, \$40 Guests). Register four (4) or more individuals from the same company and receive the discounted rate of \$90 per person for the training.

Sponsored by:



REGISTER

August Learning Lab

Thursday, August 28 |2pm - 4pm|

Tulsa Technology Center (Lemley Campus) Client Service Center

Learn the ART of Asking Great Questions

Presented by Dr. Jody Parsons

What happens when leaders give followers advice? Most don't follow it. You give a lot of advice and readily answer questions and tell followers what to do. Unfortunately, when you tell followers what to do, you keep followers from learning, and this creates an unnatural dependency upon you to provide all the answers. You can learn The ART of Asking Great Questions that move work forward and engage followers.

SIGN UP

JOIN US TO NETWORK WITH OTHERS IN YOUR POSITION, SHARE HACKS, AND GET NEW IDEAS THAT PERTAIN TO A DEPARTMENT OF ONE(ISH)

TULSA HR
DEPT OF 1^{ISH}
(NO MORE THAN TWO IN HR)



DATE: TUESDAY, 8/12/25

TIME: 3:30PM TO 5:00PM

LOCATION: GALLAGHER BUILDING

5314 S YALE AVE - 3RD FLOOR

PLEASE NO CONSULTANTS OR SALES PEOPLE

Now is the time to sign up for our annual SHRM Certification Study Course!

Benefits of SHRM Certification - Earning your SHRM-CP or SHRM-SCP credential makes you a recognized expert and leader in the HR field.

- Enhance Your HR Expertise - HR professionals who earn the SHRM Certification report significantly higher levels of credibility as HR professionals.
- Increase Your Earning Potential - Those who earn the SHRM



Certification report earning salaries 14% to 15% higher than peers who have not earned the SHRM Certification.

- Advance Your HR Career - HR professionals who earn a SHRM certification report it was a key factor in their career advancement.
- Demonstrate Your Commitment - SHRM Certified HR pros report significantly higher levels of career success, respect from colleagues and commitment to the HR profession.

Dates: October 3 - 5 (Friday-Sunday) from 8am - 5pm

Facilitated by: Cricket Moore, SHRM-CP

Location: Tulsa Metro Area - TBD

Registration deadline: Friday, August 22, 2025

[Click here for all the details.](#)

Want to Get Involved? Sign up to Volunteer!

Established in the early 70's and operated by dedicated volunteers, the Tulsa Area Human Resources Association is made up of a diverse group of business leaders and HR professionals. We are currently seeking new volunteers to join our 2026 Board of Directors.

If you are interested in volunteering to serve on our board or getting connected with a committee, [please fill out a short form here.](#)

Welcome new members!

Erin Vierthaler - Verizon

Kimberly Dent - ONEOK

Abbie Dick - RL Hudson

Eric Wright - Rooney Insurance Agency

Angie Crow - Wallace Design Collective

Mary Clare - Guy Engineering

Kendall Craft - Pike Corporation

Bailey Galles - Fuse3 Solutions

Daun Orlando - Hayden Industrial

Mike Givens - PostOak Lodge & Retreat

Aydre Park - ONE Gas

Christina Richey - Cherokee Nation Entertainment

Braden Kelly - Tulsa Club Hotel

Pat Bell - Transformation Church

Brandy Bousquet - Matrix PDM

Gabriela Luna - Student

Cassidy Spriggs - Paycor

Justin Carlton - Legacy Rising

Samantha McBride - ONE Gas

Sarah Atwell - The Nordam Group LLC

Natasha Hnizdo - HHS

Florence Burk - Xcaliber International

Lilly Waters - Universal Field Services



TAHRA proudly supports SHRM Foundation, the nonprofit arm of SHRM, which mobilizes HR as a force for social good. We believe each of us in HR has the power and opportunity to lead change in the workplace. Together we're building a more inclusive talent pipeline, addressing mental health and wellness, and strengthening the HR field. Get involved to nurture the potential in HR, talent, and workplaces. Donate to make possible the research, toolkits, certificates, and scholarships that help us all thrive together.

[Learn More and Contribute Here](#)

Mark your calendar!

August 12 - HR Dept of 1(ish)

August 20 - Program Meeting and Supervisory Training

August 28 - Learning Lab

September 17 - Program Meeting followed by Learning Lab (Special day and time)

Save the Date! TAHRA Employment Law and Practices Seminar - Thursday, November 6!

[Calendar](#)



[SHRM Website](#)

[HRCI Website](#)

[OKHR Website](#)

Tulsa Area Human Resources Association | PO Box 140958 | Broken Arrow, OK 74014 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!